



East Brunswick Elementary Schools Lunch Menu | March 2023

27
Popcorn Chicken (G/S)
Macaroni & Cheese (G/E/D)

SIDES
Steamed Corn, Baby Carrots, Fresh Fruit

28
Waffles (G/E/D/S) with Chicken Sausage
Chicken Nuggets (G/S)
Turkey and Cheese Sandwich (G/S)

SIDES
Tater Tots, Baby Carrots, Fresh Fruit

01
Mozzarella Sticks (G/D) with Marinara Sauce
Grilled Cheese (G/D)
Turkey and Cheese Sandwich (G/S)

SIDES
Baked Beans, Fresh Cucumber Slices, Fresh Fruit

02
Rotini w/ Alfredo Sauce (G/D/S) and Chicken or Spaghetti Sauce
All Beef Hot Dog (G)
Build-Your-Own Pizza Bagel (G/D)

SIDES
Steamed Peas and Carrots, Fresh Broccoli, Fresh Fruit

03
Cheese Pizza (G/D/S)
Pepperoni Pizza (G/D/S)

SIDES
Baked French Fries (S), Baby Carrots, Fresh Fruit

06
Breaded Chicken Sandwich (G/S)
Macaroni & Cheese (G/E/D)

SIDES
Steamed Corn, Baby Carrots, Fresh Fruit

07
French Toast Sticks (G/S) with Chicken Sausage
Chicken Nuggets (G/S)
Ham and Cheese Sandwich (G/S)

SIDES
Tater Tots, Baby Carrots, Fresh Fruit

08
Chicken (S) or Cheese (D) Nachos
Grilled Cheese (G/D)
Ham and Cheese Sandwich (G/S)

SIDES
Baked Beans, Fresh Cucumber Slices, Fresh Fruit

09
Rotini (G) w/ Meatballs (G/D/S) and Spaghetti Sauce
Chicken Corn Dog (G/E/D/S)
Build-Your-Own Pizza Bagel (G/D)

SIDES
Steamed Green Beans, Fresh Broccoli, Fresh Fruit

10
Cheese Pizza (G/D/S)
Pepperoni Pizza (G/D/S)

SIDES
Baked French Fries (S), Baby Carrots, Fresh Fruit

13
Spicy Popcorn Chicken (G/S)
Macaroni & Cheese (G/E/D)

SIDES
Steamed Corn, Baby Carrots, Fresh Fruit

14
Waffles (G/E/D/S) with Chicken Sausage
Chicken Nuggets (G/S)
Sunbutter and Jelly Sandwich (G/S)

SIDES
Tater Tots, Baby Carrots, Fresh Fruit

15
GIVEAWAY DAY
Hamburger (G/S) Cheeseburger (G/D/S)
Veggie Burger (G/S)
Sunbutter and Jelly Sandwich (G/S)

SIDES
Baked Beans, Fresh Cucumber Slices, Fresh Fruit

16
Ravioli (G/E/D) w/ Spaghetti Sauce
All Beef Hot Dog (G)
Build-Your-Own Pizza Bagel (G/D)

SIDES
Steamed Peas and Carrots, Fresh Broccoli, Fresh Fruit

17
Cheese Pizza (G/D/S)
Pepperoni Pizza (G/D/S)

SIDES
Baked French Fries (S), Baby Carrots, Fresh Fruit

20
Chicken Nuggets (G/S)
Macaroni & Cheese (G/E/D)

SIDES
Steamed Corn, Baby Carrots, Fresh Fruit

21
French Toast Sticks (G/S) with Chicken Sausage
Chicken Nuggets (G/S)
Turkey and Cheese Sandwich (G/S)

SIDES
Tater Tots, Baby Carrots, Fresh Fruit

22
Mozzarella Sticks (G/D) with Marinara Sauce
Grilled Cheese (G/D/S)
Turkey and Cheese Sandwich (G/S)

SIDES
Baked Beans, Fresh Cucumber Slices, Fresh Fruit

23
Rotini w/ Alfredo Sauce (G/D/S) and Chicken or Spaghetti Sauce
Chicken Corn Dog (G/E/D/S)
Build-Your-Own Pizza Bagel (G/D)

SIDES
Steamed Green Beans, Fresh Broccoli, Fresh Fruit

24
Cheese Pizza (G/D/S)
Pepperoni Pizza (G/D/S)

SIDES
Baked French Fries (S), Baby Carrots, Fresh Fruit

27
Popcorn Chicken (G/S)
Macaroni & Cheese (G/E/D)

SIDES
Steamed Corn, Baby Carrots, Fresh Fruit

28
Waffles (G/E/D/S) with Chicken Sausage
Chicken Nuggets (G/S)
Ham and Cheese Sandwich (G/S)

SIDES
Tater Tots, Baby Carrots, Fresh Fruit

29
Chicken (S) or Cheese (D) Nachos
Grilled Cheese (G/D/S)
Ham and Cheese Sandwich (G/S)

SIDES
Baked Beans, Fresh Cucumber Slices, Fresh Fruit

30
Rotini (G) w/ Meatballs (G/D/S) and Spaghetti Sauce
All Beef Hot Dog (G)
Build-Your-Own Pizza Bagel (G/D)

SIDES
Steamed Peas and Carrots, Fresh Broccoli, Fresh Fruit

31
Cheese Pizza (G/D/S)
Pepperoni Pizza (G/D/S)

SIDES
Baked French Fries (S), Baby Carrots, Fresh Fruit

Allergy Key:
G: Gluten
E: Egg
D: Dairy
S: Soy

Questions?
childnutrition@ebnet.org

We are hiring!!
For more information, please email us at childnutrition@ebnet.org

Bagel Bag
Served daily. A bagel bag includes a bagel (G), baby carrots, string cheese (D), cream cheese (D), and butter (D).

Assorted Milk
1% Milk, Skim Chocolate, Skim Milk, and Skim Strawberry Milk

Fresh Fruit & Vegetables
To qualify for a meal, all students must take at least one fruit *and/or* one vegetable.

Assorted Fresh Fruit and Vegetables Served Daily

Paid Lunch - \$3.10

