



East Brunswick Elementary Schools

Breakfast Menu | March 2023

Breakfast Served Daily: 8:30 a.m. – 9:00 a.m.

27

Mini French Toast (G/E/D/S)
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

28

Chocolate Chip Oatmeal Bar (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

01

Cheese Omelet (E/D) with a Hash Brown
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

02

Mini Maple Waffles (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

03

Pop Tart (G/S)
 Assorted Cereal
 Whole Grain Bagel
 w/Cream Cheese/ Butter/
 Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

06

Mini French Toast (G/E/D/S)
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

07

Chocolate Chip Oatmeal Bar (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

08

Cheese Omelet (E/D) with a Hash Brown
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

09

Mini Maple Waffles (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

10

Pop Tart (G/S)
 Assorted Cereal
 Whole Grain Bagel
 w/Cream Cheese/ Butter/
 Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

13

Mini French Toast (G/E/D/S)
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

14

Chocolate Chip Oatmeal Bar (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

15

Cheese Omelet (E/D) with a Hash Brown
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

16

Mini Maple Waffles (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

17

Pop Tart (G/S)
 Assorted Cereal
 Whole Grain Bagel
 w/Cream Cheese/ Butter/
 Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

20

Mini French Toast (G/E/D/S)
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

21

Chocolate Chip Oatmeal Bar (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

22

Cheese Omelet (E/D) with a Hash Brown
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

23

Mini Maple Waffles (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

24

Pop Tart (G/S)
 Assorted Cereal
 Whole Grain Bagel
 w/Cream Cheese/ Butter/
 Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

27

Mini French Toast (G/E/D/S)
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

28

Chocolate Chip Oatmeal Bar (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

29

Cheese Omelet (E/D) with a Hash Brown
 Assorted Cereal
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

30

Mini Maple Waffles (G/E/D/S)
 Assorted Muffins
 Whole Grain Bagel (G)
 w/Cream Cheese (D)/
 Butter (D)/ Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

31

Pop Tart (G/S)
 Assorted Cereal
 Whole Grain Bagel
 w/Cream Cheese/ Butter/
 Jelly

SIDES
 Fresh Fruit, Assorted Milk
 Varieties

Allergy Key:

- G: Gluten**
- E: Egg**
- D: Dairy**
- S: Soy**

Questions?

childnutrition@ebnet.org

We are hiring!!

For more information, please email us at childnutrition@ebnet.org

Paid Breakfast - \$2.00

Assorted Cereal

Lucky Charms, Coco Puffs, Cinnamon Toast Crunch (G/S), Cheerios

Fresh Fruit

To qualify for a meal, all students must take fruit with breakfast.

Assorted Milk

1% Milk, Skim Chocolate, Skim Milk and Skim Strawberry

Assorted Muffins

Chocolate Chip (G/E/D), Blueberry (G/E/S), Apple Cinnamon (G/E/S), & Banana (G/E/S)

