



# ELEMENTARY SAS PARENT NEWSLETTER

June 2020

**#EBSchoolsStrong** continues to provide our students with information about the character virtues of acceptance, kindness, and respect. Below, you can find additional resources that you may choose to utilize to support your conversations at home.

## Parent Talking Tips

When talking to elementary age children about acceptance and respect, here are some points to consider when trying to process feelings:

- **Validate feelings:** Ask about how your child is feeling or what your child is thinking. That will help guide your conversation.
- **Ask your child if he/she has questions:** It is ok not to have all the answers. Ask follow up questions like "tell me more," or "can you add more details," as this may guide you to what your child may need more information about.
- **Reach out for more guidance:** Find sources you feel comfortable with. Your SAS Department can share pointers. The American Psychological Association has some tips on how to talk to children about difficult news in many situations. Use this link [\*\*Talking to Children About Difficult News\*\*](#)

## **Children's Story Books about respect, kindness, and acceptance**

[\*\*One by Kathryn Otoshi\*\*](#)

[\*\*Say Something by Peter Reynolds\*\*](#)

[\*\*The Big Umbrella by Amy June Bates\*\*](#)

[\*\*I Am Enough by Grace Byers\*\*](#)

[\*\*How Full is Your Bucket\*\*](#)

## **Digital Resources**

Here are some book recommendations from the East Brunswick Public Library and Scholastic:

[\*\*EBPL Authentic Voices Reading List\*\*](#)

[\*\*Scholastic Multicultural Books for Kids\*\*](#)

Did you know.....

The East Brunswick Public Library and our East Brunswick Public Schools' Destiny websites are virtually open to access books, videos, websites and more from home.

[\*\*EBPS Destiny Link to EBPS libraries\*\*](#)

[\*\*EBPL Home Page\*\*](#)

**Saturday, June 6th, 2020 @ 10:00am**

**CNN and Sesame Street: A town Hall for Kids and Families**

Thank you to the [Middlesex County Traumatic Loss Coalition](#) for their guidance and resources.