

Best Practices for Creating Your Password!



1) Create a Strong Password:

- a. Using strong passwords is one of the most important ways to keep your personal and professional digital information secure.
- b. Students who choose an “easy” password risk having their accounts hacked and creating a pathway for unauthorized access into the East Brunswick Network.
- c. While it might feel inconvenient or annoying to create a more complex password, this is an important “life skill” to learn, as more aspects of your life (applying to college, paying bills, filing your taxes, etc.) will require you to protect your valuable personal information from cyber actors.

2) Options for Creating a Strong Password:

- a. Choose a phrase or code word that is unique and familiar just to you.
- b. Make new passwords different from your other passwords. This creates an extra layer of security – if someone guesses your password correctly and it is the same for all accounts, your information and accounts will be unprotected.
- c. Refrain from using frequently used/common words, phrases, or any personal information like dates, names, and addresses that can be guessed or figured out.
- d. If using a phrase, combine the first part of each word in a phrase, mixing at least 8 numbers, characters, and letters.
- e. For example, “I throw curveballs to the catcher” could become “IThroCurv2Katcher”

3) Keep Passwords Safe and Private:

- a. While you may believe you can trust this information with your friends, the more people who know about your password, the less secure your information and accounts can remain.
- b. You should not share your password information with anyone in person and especially not through any email communications, ever!

4) Resetting Your Password or Unlocking Your Account:

- a. If you forgot your password, or need to reset or strengthen your password after reading the information above, please [click this link to visit the page on the East Brunswick Public Schools Website](#) to begin the process.
- b. Taking ownership over internet safety and password and strength are positive steps in the right direction to ensuring your information is more secure when using the web.

- Using technology can and will enrich and enhance your overall educational experience as you go through your school career in East Brunswick.
- Do your part and follow these suggestions to keep your information and our network secure!
- If you have any questions, contact the [EBHS Genius Bar](#) or [IT Department](#) for assistance!

