

THINK YOUR CHILD IS USING?

SPOT THE EARLY WARNING SIGNS...



Warning Signs...

- Possession of drugs
- Odd smells/new cologne
- Behavioral changes
- Rapid weight fluctuations
- Rapidly changing grades
- Forgetting basic things
- Abandoning Social activities
- Money/items in the home gone missing
- Unexplained injuries



90% of people with
addictions started
using substances
in their teen years.
- www.drugfree.org

PREVENTATIVE STRATEGIES...

1. Stay informed! Helpful information is available to Prevent & Protect at <http://prevent-protect.org/>.
2. Find opportunities for real conversation with your child. Look for blocks of time to talk.
 - After dinner, before bed, before school or on the way to or from school and extracurricular activities can work well.
3. Approach your talks with openness
 - Ask open-ended questions
4. Offer empathy and support
 - Remind your child you are there for support and guidance

If you suspect your child is
taking drugs,
GET SUPPORT NOW!

SAMHSA National Hotline
1(800) 662-HELP

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