East Brunswick Public Schools

Danielle Blalock
Supervisor of Student Services

760 Route 18
East Brunswick, NJ 08816
Phone: 732.613.6635
Fax: 732.698.0913

Dear Parent/Guardian,

Every public-school district in the State of New Jersey is required to adopt and teach a Health curriculum in kindergarten through grade twelve that includes topics related to healthy living as well as managing the many pressure's young people are faced with in today's society. Beginning in grade six, a Family Life unit is part of the class. The curriculum focuses on ways to avoid hazardous situations, encourages family values, and make responsible decisions regarding personal health and well-being. Abstinence is the focus of the course. It is our goal to inspire thought-provoking parent, teacher, and child communication related to these topics.

As pursuant to *N.J.S.A 18A:35-4.7*, "any child whose parent or guardian presents to the school a signed statement that any part of instruction in health, family life education or sex education is in conflict with his conscience or sincerely held moral or religious beliefs shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result therefrom".

Should you have any concerns about the topics covered in your child's Health class, please reach out to your child's teacher directly to discuss your concerns. Should you wish for your child to be excused from a specific topic, please state the reason(s) for your request and the specific topic you wish them to be excused from. The request shall be granted without penalty. However, an alternate assignment will be provided to your child in lieu of the subject from which they were excused. Your letter should be addressed to the building principal and sent in as soon as possible.

Again, if you have any questions or concerns, please contact your child's teacher to discuss the matter further.

Sincerely,

Danielle Blalock

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Excellence in Academics, Athletics and the Arts