



# East Brunswick High School



*Achieving Excellence with Honor and Integrity*

**Principal**  
Michael W. Vinella, Ph.D.

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Dear Parents/Guardians,

Welcome to the 2023-2024 school year! The School Counseling Department is looking forward to a successful and collaborative year working with the students, parents, and staff at East Brunswick High School.

Your child's School Counselor will be meeting with your child throughout the school year to provide academic and social-emotional support in addition to college and career counseling. Students may also request an appointment with their counselor at any time by filling out an appointment request form in the Counseling office or an online Google Form through the Counseling Canvas page. Students will receive their scheduled appointment notification via email as an Outlook Calendar invitation which will serve as their pass to come down to the Office for their appointment. Additionally, each student has access to our Counseling Canvas page which contains resources available to students for scheduling, SAT/ACT preparation, career opportunities, pertinent grade-level specific information and more. Parents and Guardians may also [create a Canvas "observer account"](#) to have access to our Counseling Canvas page. We encourage parents and guardians to explore the resources available on the Counseling page of the high school website [here](#).

The Counseling Department recognizes both the excitement and mixed emotions that come with beginning to plan students' post-secondary endeavors after high school. We are excited to work with you and your student to develop a personalized post-secondary educational plan utilizing Naviance, our web-based school counseling software program. The function of this program is to create interactive opportunities for students, parents, and counselors to develop short and long-term goals that connect to student's interests, aptitudes, and future plans. Rest assured that each of the School Counselors are excited to work with you and your student to develop a plan that best suits your student's future aspirations and needs.

The East Brunswick High School Counseling Department will also be conducting support groups throughout the 2023-2024 school year. These groups are voluntary and confidential in nature. They provide students with a safe place to share feelings, and work on social skills that are developmental and age appropriate. Feel free to contact your child's school counselor should you require further information.

This year the EBHS School Counseling Department will offer the following informational evening programs:

September 28, 2023 Senior Parent Night - 7:00 PM  
November 15, 2023 Financial Aid Night - 7:00 PM  
November 29, 2023 Sophomore Parent Night - 7:00 PM  
January 17, 2024 Junior Parent Night - 7:00 PM

As always, we look forward to providing you with services and resources to assist both you and your child in experiencing a positive and productive academic school year!

All my best,

*Vanessa Amatore*

Supervisor of Counseling, College and Career Readiness 5-12  
East Brunswick Public Schools

*Excellence in Academics, Athletics and the Arts*