THINK YOUR CHILD IS USING?
SPOT THE EARLY WARNING SIGNS...

**Warning Signs...**

- Possession of drugs
- Odd smells/new cologne
- Behavioral changes
- Rapid weight fluctuations
- Rapidly changing grades
- Forgetting basic things
- Abandoning Social activities
- Money/items in the home gone missing
- Unexplained injuries

**PREVENTATIVE STRATEGIES...**

1. Stay informed! Helpful information is available to Prevent & Protect at http://prevent-protect.org/.

2. Find opportunities for real conversation with your child
   - Look for blocks of time to talk.
     - After dinner, before bed, before school or on the way to or from school and extracurricular activities can work well.

3. Approach your talks with openness
   - Ask open-ended questions

4. Offer empathy and support
   - Remind your child you are there for support and guidance

90% of people with addictions started using substances in their teen years.
- www.drugfree.org

**If you suspect your child is taking drugs, GET SUPPORT NOW!**

**SAMHSA National Hotline**
1(800) 662-HELP

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